

Menus for Spring / Summer 2026

Week 3

|                    | Monday                                                                                                   | Tuesday                                                                                                         | Wednesday                                                                                                    | Thursday                                                                                            | Friday                                                                                             |
|--------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| <b>Breakfast</b>   | Cereal<br>Toast                                                                                          | Cereal<br>Toast                                                                                                 | Cereal<br>Toast                                                                                              | Cereal<br>Toast                                                                                     | Cereal<br>Toast                                                                                    |
| <b>Snack am/pm</b> | Fruit and veg selection<br>Crackers                                                                      | Fruit and veg selection<br>Crackers                                                                             | Fruit and veg selection<br>Crackers                                                                          | Fruit and veg selection<br>Crackers                                                                 | Fruit and veg selection<br>Crackers                                                                |
| <b>Lunch</b>       | Homemade pizza with<br>vegetable topping,<br>served with salad<br><br>Strawberry and banana<br>milkshake | Roast chicken or Quorn<br>served with gravy, roast<br>potatoes, carrots and<br>green cabbage<br><br>Fruit Cakes | Sausage served with<br>mashed potatoes and<br>baked beans<br><br>Peaches and cream                           | Spaghetti Bolognaise<br>(made with lamb or<br>plant-based mince)<br><br>Banana and mango<br>muffins | Mutter paneer or<br>vegetable curry served<br>with rice and raita<br><br>Homemade Weetabix<br>bars |
| <b>Tea</b>         | Chickpea fritters with a<br>fresh vegetable dipping<br>sauce<br><br>Homemade cookies                     | Fish/ vegan fillet and<br>broccoli croquettes with<br>salad<br><br>Watermelon smoothie                          | Carrot and sweet potato<br>soup served with garlic<br>toast<br><br>Chocolate, banana and<br>avocado smoothie | Savoury scones with<br>homemade tomato<br>sauce<br><br>Fruit Yoghurt                                | Selection of sandwiches<br>(cucumber, cheese and<br>tomato)<br><br>Fruit sorbet                    |

*A choice of milk and water are served with all meals*